

Food Suggestions

Canned tomatoes
Pasta meals (beef ravioli,
spaghetti, meatballs)
Tuna
Pork and beans
Soup
Dried Pasta



Donate on Sunday!

As an offering of Thanks and Praise to God on the occasion of the 2011 Delaware/Maryland Synod Assembly in Ocean City, MD all 180 congregations are being challenged to collect one can of food and \$1 (or more!) for each person who worships on Sunday morning at their congregation.



The canned food is to be brought to the Synod Assembly and from there will be distributed to food pantries in the Ocean City, Maryland area. The money will be sent by each congregation to the ELCA World Hunger Appeal.

Sponsor a Bike Ride!

When your congregation collects money and sends it to the ELCA World Hunger Appeal, report it to Pr. Mark Huffman at pastormark@stpaulslutherville.org.

For every \$5,000 collected, another biker will be added to the trip!



With God we can...

• **Donate food!**

Canned food brought to the Synod Assembly will be distributed to food pantries in the Ocean City, MD area.

• **Donate money!**

All 180 congregations are challenged to donate \$1 (or more!) for each person who worships on Sunday. The money will be sent by each congregation to the ELCA World Hunger Appeal.



• **Bike to the beach!**

To help motivate giving to the ELCA World Hunger Appeal, Pr. Earl Janssen of Our Shepherd in Severna Park, MD has pledged to ride his bike to the Synod Assembly! For every \$5,000 collected another rider will be added.

curb hunger!