
Workshops

Wholeness, Health, Wellness

A04 God's Greatest Glory: a Person Fully Alive

We are each "fearfully and wonderfully made." We seek health, wholeness, holiness in body, mind and spirit, for each of these reflects the handiwork of our loving God. This workshop will explore some of the ways in which we can nurture our relationship with God, with others, and with ourselves by coming to understand what it means to live a "holistic spirituality," to live fully alive. Joy Aker

A08 Ministerial Health and Wellness

In 2002, the ELCA Board of Pensions, along with the LCMS, published data from an extensive survey of the health and wellness of the rostered leaders of the ELCA. This report revealed the toll of the chronic stress of ministry on the wellbeing of rostered leaders. During this session, we will discuss the results of this report as well as ways to make our congregations and ministry sites places that promote health and wellness. Kati Kluckman-Ault

B13 Domestic Violence in MY Congregation?

Estimates range from 960,000 to 3 million women reporting incidents of domestic or sexual violence sometime during their lifetime. This means that there are families who are seeing and experiencing domestic violence in their homes that are members of our congregations throughout the synod. This session will discuss the signs that domestic violence may be happening and ways to make your congregation aware. Kati Kluckman-Ault

C12 Healing Hearts...Having Hope

The purpose of this workshop is to provide faith leaders/communities with an overview of the issues surrounding family violence. Rev. Wubbenhorst will discuss the cycle of violence, myths associated with victims of violence, and what faith leaders/communities can do to ensure the safety of victims. In addition, an emphasis will be placed on balancing the spiritual component with seeking the assistance of service providers in the community. Wesley Wubbenhorst

Workshop Leaders

Joy Aker, deacon and parish nurse, New Hope Lutheran Church, Columbia, Md.

Deaconess Kati Kluckman-Ault, diaconal minister, congregational health ministries program coordinator, Diakon Lutheran Social Ministries, Baltimore, and parish nurse, Amazing Grace Lutheran Church, Baltimore

Rev. Wesley Wubbenhorst, board chair, Domestic Violence Interfaith Coalition of Maryland; St. Margaret's Episcopal Church, Annapolis, Md.



The best ministry bargain this side of Chicago!

A whole day of inspiration, education, fellowship - and 2 meals!

Register online or on paper by August 15 for a measly \$25.